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**For Immediate Release**

**A Message from the Logan County Health Commissioner:**

Attention all returning travelers:

If, within the past 10 days:

- you have been in an airplane (a flying germ box), either domestically or internationally or
- have recently returned by car from New York City and were within public spaces

We are strongly urging that you self-quarantine for 14 days from the day of return. Within those 14 days, check your temperature daily and monitor for COVID-19 symptoms. Symptoms may be mild to severe and include a fever of 100.4 degrees Fahrenheit or higher, dry cough and shortness of breath.

We know that the virus is community spread and without sufficient testing, you need to assume that you have been exposed. These precautions will help stop the spread of any disease.

For more information visit <https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html> or [www.loganhealth.org](http://www.loganhealth.org) or [www.coronavirus.ohio.gov](http://www.coronavirus.ohio.gov) or call 1-833-4-ASK-ODH or 1-833-427-5634.

**#socialdistancing #washyourhands #coveryourcough #flattenthecurve**

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