HEALTH ALERT

Contact Person: Boyd Hoddinott, MD, MPH - Health Commissioner    Annual Release # 2020_07-10

July 9th 2020

To all Logan County Citizens;

Active cases are increasing in Logan County. The Health Commissioner is very concerned about what he is seeing in the increase of the number of active cases. The health of all of our citizens rests on our ability as a community to use the things we have to fight this virus. These activities are known to work if we all do our best to follow them - Masks on everyone; Physical Distance; restricting travel; Isolation; Quarantine; Handwashing; and not gathering in large groups. See the attached Know Your Risk table keep yourself and your family safe.

The new Ohio Public Health Advisory Alert Levels change weekly as cases increase or decrease. Right now, Logan County is at Yellow Level 1 in Logan County. With the active case increase we are beginning to move into Level 2. Please do all you can to stop the spread. As the levels increase so will the restrictions to prevent further spread. The new Ohio Advisory levels will be very important to follow during these challenging times. Be AWARE of the Alert levels at www.loganhealth.org or https://coronavirus.ohio.gov/wps/portal/gov/covid-19/public-health-advisory-system/

7/9/20

INDICATES A COUNTY ALERT LEVEL

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<thead>
<tr>
<th>LEVEL 1</th>
<th>LEVEL 2</th>
<th>LEVEL 3</th>
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<tbody>
<tr>
<td>0–1 Indicators Triggered</td>
<td>2–3 Indicators Triggered</td>
<td>4–5 Indicators Triggered</td>
<td>6–7 Indicators Triggered</td>
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<td>Public Emergency</td>
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Testing in Logan County is still limited to those who have symptoms. We will be posting the most recent resources for testing on our website. All asymptomatic testing is out of county at this time.

IF YOU HAVE SYMPTOMS STAY HOME AND AWAY FROM OTHERS (Isolate) FOR 10 DAYS & UNTIL YOUR SYMPTOMS HAVE BEEN IMPROVING FOR 3 DAYS AND NO FEVER FOR 3 DAYS. IF YOU BECOME INCREASING ILL, CONTACT YOUR HEALTH PROVIDER OR URGENT CARE AND ALWAYS CALL AHEAD!
COVID-19
CORONAVIRUS DISEASE

BE INFORMED:
Know Your Risk During COVID-19

On a scale of 1 to 10, how risky is...

1. Opening the mail
2. Getting restaurant takeout
2. Pumping gasoline
2. Playing tennis
2. Going camping

3. Grocery shopping
3. Going for a walk, run, or bike ride with others
3. Playing golf
4. Staying at a hotel for two nights
4. Sitting in a doctor’s waiting room
4. Going to a library or museum
4. Eating in a restaurant (outside)
4. Walking in a busy downtown

5. Spending an hour at a playground
5. Having dinner at someone else’s house
5. Attending a backyard barbecue
5. Going to a beach
5. Shopping at a mall

6. Sending kids to school, camp, or day care
6. Working a week in an office building
6. Swimming in a public pool
6. Visiting an elderly relative or friend in their home
6. Going to a hair salon or barbershop

7. Eating in a restaurant (inside)
7. Attending a wedding or funeral
7. Traveling by plane
7. Playing basketball
7. Playing football

7. Hugging or shaking hands when greeting a friend
8. Eating at a buffet
8. Working out at a gym
8. Going to an amusement park
8. Going to a movie theater

8. Attending a large music concert
8. Going to a sports stadium
8. Attending a religious service with 500+ worshippers
8. Going to a bar

9. Moderate-low
9. Moderate
9. Moderate-high
9. High risk

 Ranked by physicians from the TMA COVID-19 Task Force and the TMA Committee on Infectious Diseases

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