



# Vaccinations for Adults

## You're never too old to get vaccinated!

*Getting vaccinated is a lifelong, life-protecting job. Don't leave your healthcare provider's office without making sure you've had all the vaccinations you need.*

Vaccine	Do you need it?
<b>Hepatitis A</b> (HepA)	<b>Maybe.</b> You need this vaccine if you have a specific risk factor for hepatitis A* or simply want to be protected from this disease. The vaccine is usually given in 2 doses, 6–18 months apart.
<b>Hepatitis B</b> (HepB)	<b>Maybe.</b> You need this vaccine if you have a specific risk factor for hepatitis B* or simply want to be protected from this disease. The vaccine is given in 2 or 3 doses, depending on the brand.
<b>Hib</b> ( <i>Haemophilus influenzae</i> type b)	<b>Maybe.</b> Some adults with certain high-risk conditions, for example, lack of a functioning spleen, need vaccination with Hib. Talk to your healthcare provider to find out if you need this vaccine.
<b>Human papillomavirus</b> (HPV)	<b>Yes!</b> You should get this vaccine if you are age 26 years or younger. Adults age 27 through 45 may also be vaccinated after a discussion with their healthcare provider. The vaccine is usually given in 3 doses over a 6-month period.
<b>Influenza</b>	<b>Yes!</b> You need a dose every fall (or winter) for your protection and for the protection of others around you.
<b>Measles, mumps, rubella</b> (MMR)	<b>Maybe.</b> You need at least 1 dose of MMR vaccine if you were born in 1957 or later. You may also need a second dose if you are a healthcare worker or traveling internationally. However, people with weakened immune systems should not get MMR.*
<b>Meningococcal ACWY</b> (MenACWY)	<b>Maybe.</b> You may need MenACWY vaccine if you have one of several health conditions,* for example, if you don't have a functioning spleen, and also boosters if your risk is ongoing. You need MenACWY if you are age 21 or younger and a first-year college student living in a residence hall and you either have never been vaccinated or were vaccinated before age 16.
<b>Meningococcal B</b> (MenB)	<b>Maybe.</b> You need MenB if you have one of several health conditions,* for example, if you do not have a functioning spleen, and also boosters if your risk is ongoing. You may also consider getting the MenB vaccine if you are age 23 or younger (even if you don't have a high-risk medical condition) after a discussion with your healthcare provider.
<b>Pneumococcal</b> (Pneumovax 23, PPSV23; Prevnar 13, PCV13)	<b>Yes!</b> If you are younger than age 65 and have a certain high-risk condition (for example, asthma, heart, lung, or kidney disease, immunosuppression, or you lack a functioning spleen or are a smoker),* you need 1 or both vaccines. At age 65 (or older), you will need PPSV23 and you may also be given PCV13 (if you haven't had it before) after a discussion with your healthcare provider.*
<b>Tetanus, diphtheria, whooping cough (pertussis)</b> (Tdap, Td)	<b>Yes!</b> If you have not received a dose of Tdap during your lifetime, you need to get a Tdap shot now (the adult whooping cough vaccine). And all women need to get a dose during each pregnancy. After that, you need a Td or Tdap booster dose every 10 years. Consult your healthcare provider if you haven't had at least 3 tetanus- and diphtheria-toxoid containing shots sometime in your life or if you have a deep or dirty wound.
<b>Varicella</b> (Chickenpox)	<b>Maybe.</b> If you've never had chickenpox, never were vaccinated, or were vaccinated but received only 1 dose, talk to your healthcare provider to find out if you need this vaccine.*
<b>Zoster</b> (shingles)	<b>Yes!</b> If you are age 50 or older, you should get the 2-dose series of the Shingrix brand of shingles vaccine, even if you already were vaccinated with Zostavax.

\* Consult your healthcare provider to determine your level of risk for infection and your need for this vaccine.

**Are you planning to travel outside the United States?** Visit the Centers for Disease Control and Prevention's (CDC) website at [wwwnc.cdc.gov/travel/destinations/list](http://wwwnc.cdc.gov/travel/destinations/list) for travel information, or consult a travel clinic.



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